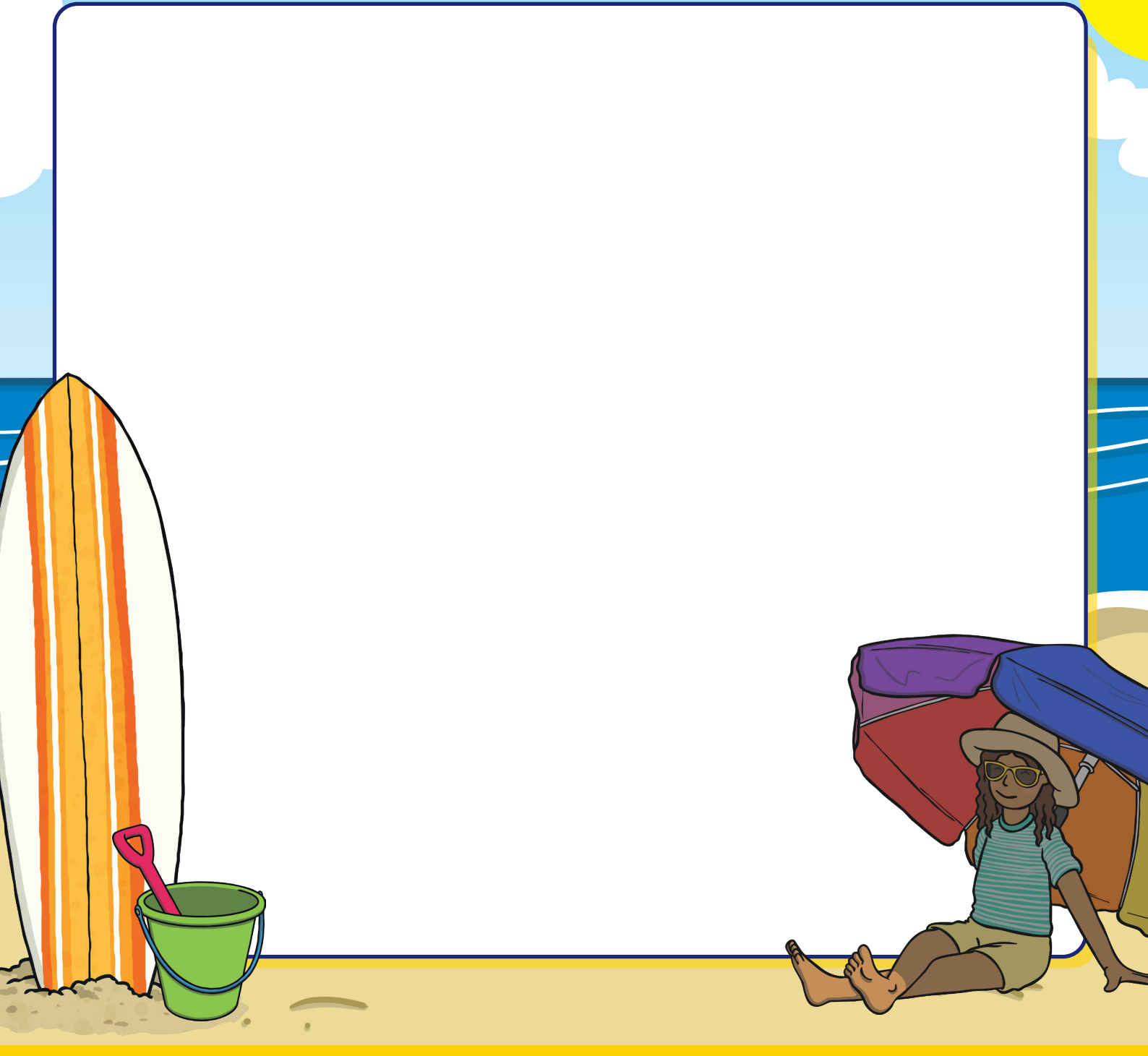


Whakaritea he Haerenga Mātātoa Tikanga Haumaruru i te Rā

A mua mai i te putanga ki waho kia whai whakaaro ai koe ki ngā mahi hei noho haumaruru i te rā. Whāia ngā tohutohu Tikanga Haumaruru i te Rā o raro iho nei kia rite ai tō haerenga mātātoa.

He mahi ki waho

Kei te haere koutou ki hea? Tāngia ki raro nei.



Transport

Mā hea koe haere ai? Mā runga tēhea momo waka koe haere ai?
Whiria te pouaka tika.

Mā raro



Mā runga
paihikara



Mā runga
pahi



Mā runga
tereina



Mā runga
kūtārere



Mā runga
motokā



Whakaritea he Haerenga Matatōa Tikanga Haumaru i te Rā

He aha ngā whakaritenga hei noho haumaru koe? Whiria te pouaka tika
a te wā kua oti.

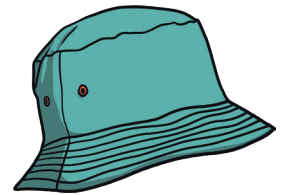
Kuhunga he
kakahu parekiri.



Pania he
pani arai.



Whakamauria he
pōtae whānui
te peha.



Kuhunga he
mōwhiti rā.



Whakakia he
pātara wai



Whakamau ō hū



Kua rite koe mō te haerenga mātātoa Tikanga
Haumaru i te Rā. Kia koa te haere!